

FREE Evening Workshop: Monday November 14



Grief After Suicide: Finding Hope and Healing

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- Suicide of a loved one can have a profound and devastating impact on those left behind.
- Survivors struggle with the social stigma of suicide and may be at risk for elevated rates of complicated grief.
- Surviving the suicide of a loved one is a life-changing ordeal requiring great resilience and all the support that family and communities can provide.
- Topics include the impact of suicide on individuals and the family, the myths of grief recovery, things that survivors can do to help themselves and when to seek professional help.
- The workshop is geared towards people who are grieving the loss of a loved one to suicide, but will also be of great value to those who wish to support a grieving survivor.

John (Jack) Jordan is a licensed psychologist in private practice in Wellesley, MA, and Pawtucket, RI, where he specializes in working with loss and bereavement. He was also the Founder and the Director until 2007 of the Family Loss Project, a research and clinical practice providing services for bereaved families. He has specialized in work with survivors of suicide and other losses for more than 30 years. As a Fellow in Thanatology from the Association for Death Education and Counseling (ADEC), Jack maintains an active practice in grief counseling for individuals and couples. He has run support groups for bereaved parents, young widows & widowers, and suicide survivors, with the latter running for over 13 years.

**Harry Lumley Bayshore Community Centre
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Contact

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Registration Deadline

October 7, 2011

Register early:
seating is limited

